



Sandra Stewart
Life-Thyme Solutions, Inc.
BioEnergetic Practitioner
Professional Wellness Consultant

Statement of Practice

I, Sandra Stewart, am not a medical doctor, licensed physician or registered dietician, nor do I portray myself as such. I do not assess the nutritional needs of individuals or groups. I do not provide nutritional counseling in either health or disease that is dietary in nature. I do not develop, implement or manage systems in nutritional care, nor do I evaluate, change or maintain standards of food quality or nutrition services for individuals or groups of patients in licensed facilities, or in private office settings.

I am a BioEnergetic Practitioner, Professional Wellness Consultant and advocate of natural health solutions. I promote the practice of healthful living for the enhancement of wellness. My BioEnergetic testing, recommendations of natural products and advocacy of natural lifestyles are not substitutes for medical and/or dietary treatment of disease.

I do not practice any type of primary care mode of therapy such as a medical doctor does. For any medical or nutritional/dietary problem, in all matters of total wellness and disease prevention, I highly and whole heartedly recommend that my clients see a licensed physician and dietician regularly for a physical examination and basic blood tests, to have their doctor or dietician diagnose any medical or dietary problems or disease, and encourage that they follow their doctor's or dietician's prescribed modes of therapy according to the dictates of their own conscience. In times of illness, or in the presence of symptoms of illness, I strongly encourage all clients to seek medical attention immediately from a licensed physician.

I work in an effort to balance the energy meridians of the body, including the biological terrain and immune system. However, the implementation of any lifestyle changes or stress reduction techniques, as well as the use of homeopathics, herbs, vitamins, minerals or foods that one might use or avoid, in an attempt to balance the body and its meridians, are not prescribed treatments, but recommendations designed to stimulate the body to make such changes on its own. It is up to each individual to decide if such approaches are appropriate for them and must be based entirely upon their own free will and choice.

