



Thank you for your interest in the Life-Thyme Solutions, Inc. Certification and H.H.P. programs. We believe that achieving health and wellness is not a one-time event, but a Life-Thyme Solution. The education provided is for both personal and professional empowerment.

The Life-Thyme Solutions Certification Programs are designed on four (4) basic principles;

- 1) LEARN = Gathering Information
- 2) PRACTICE = Knowledge of what works for you
- 3) LIVE = Wisdom from lifestyle changes you make
- 4) TEACH = By our own example we can Empower others

BioEnergetic Practitioners should be able to safely guide clients through these four principles after successful completion of a Holistic Health Practitioner - H.H.P. Program.

FALL

2010 DATES: STABILIZE - August 27th - 28th (Fri-Sat) Syracuse, NY
VITALIZE - September 17th - 18th (Fri-Sat) Syracuse, NY
NEUTRALIZE - October 15th - 16th (Fri-Sat) Syracuse, NY
ENERGIZE - November 12th - 13th ((Fri-Sat) Syracuse, NY

INFORMATION:

Location: Energy-Wellness & Life-Thyme Solutions, Inc.
301 Plainfield Rd.
Suite 195 (Check-in)
Syracuse, NY, 13212

SEMINAR HOURS: 9:30 AM - 4:30 PM

HANDS-ON COURSES:

- ▲ Practitioner Travel/Hotel/Meal Expenses Not Included for all hands-on classes.
- ▲ Participant must attend all the classes to receive certification and/or H.H.P..
- ▲ Please arrange travel to allow for full participation.

*Cancellation Policy: If the need arises that you cannot attend the classes you signed up for and you cancel at least 30 days before the start of your class you will receive a refund of 90% of the total tuition fee due. 10% will be retained by Life-Thyme Solutions, Inc. to cover processing fees. If the need arises that you cannot attend a class after the class starts you will receive a 100% credit towards the next phase of classes offered although they may not be in the same location or state.

A Life-Thyme Solutions, Inc. Certification or H.H.P. Program does not give one the right to provide diagnosis, care, treatment or rehabilitation of individuals. Life-Thyme Solutions, Inc. Certification and H.H.P. programs are not designed to provide a vocational curriculum to meet the requirement of any particular state where a license is required. No Certification or H.H.P. Program offered by Life-Thyme Solutions, Inc. is intended to substitute licensed medical training or care. It is up to the student to research the laws in their area before advertising or attempting to perform these modalities professionally.

Application Requirements - Students of any Certification and/or H.H.P. Program must be at least 18 years of age and have enough fluency in the English language to be able to read and perform all assignments. Life-Thyme Solutions, Inc. reserves the right to refuse services, products and/or training on a case-by-case basis at their discretion.

301 Plainfield Rd., Suite 195, Syracuse, NY, 13212

315.373.9683

www.Life-Thyme.info www.Life-Thyme.com



Please Return Application and Deposit \$1,245 USD:

Date: _____

Name: _____

Address: _____

Phone _____

Email _____

Payment options please Circle: Cash Check Credit Card: MC VISA

a. Pay in full \$2,495

b. Installment Program:

a. \$1,250 due at time of enrollment

b. \$1,245 due by August 27th, 2010

Credit Card # _____

Expiration Date: _____ CVC# _____

Name and Address if different then above: _____

What are you hoping to achieve by taking this class? _____

301 Plainfield Rd., Suite 195, Syracuse, NY, 13212

315.373.9683

www.Life-Thyme.info www.Life-Thyme.com



Hands-On Holistic Health Practitioner Diploma Program – Total Cost \$2495* USD

I. These courses consist of 4 Scheduled 2-day classes HANDS-ON and home study. (Estimated time of completion is 200 hours including both hands-on and home study. This is an idea of what is being offered classes may vary due to instructors teaching)

II.

STABILIZE- (2 days hands-on

DAY 1

- a) Welcome & Introduction to the 4-Phases Towards Wellness
 - a. Stabilize – Assess Acute Situations
 - b. Vitalize – Support and Prepare
 - c. Neutralize – Assist with Homotoxic Elimination
 - d. Energize – Maintaining Homeostasis
- b) Holistic Thinking
- BREAK
- c) Accessing the Invisible Man – An introduction to BioEnergetic Assessment and Balance

- LUNCH
- d) BioEnergetic Appointment
- BREAK

- e) BioEnergetic Assessment Tools

- f) Q&A

DAY 2

- a) Human Anatomy Overview
- b) Process of Elimination
- BREAK
- c) Homotoxicology – The Body is a Flow System
- LUNCH
- d) Homeopathy
- BREAK
- e) BioEnergetic Balance
- f) Stabilize Acute Situations - Workshop
- g) Q & A



III. VITALIZE – (2 days hands-on)

DAY 1

- a) Welcome & Review of Stabilization Phase
BREAK
- b) Nutrition
LUNCH
- c) Physical Remedies
BREAK
- d) Amino Acids
- e) Essential Fatty Acids
- f) Q&A

DAY 2

- a) Cell Biology
BREAK
- b) Extracellular Drainage
LUNCH
- c) Energetic Disturbances - Workshop
BREAK
- d) Review - Q&A

IV. NEUTRALIZE – (2 days hands-on)

DAY 1

- a) Welcome and Review of Vitalization Phase
 - a. Blockages
BREAK
- b) Intracellular Drainage
LUNCH
- c) Introduction of Neutralization Stage I
BREAK
- d) Neutralization Stage II

DAY 2

- a. Neutralization Stage III
BREAK
- b. Neutralization Stage IV
LUNCH
BREAK
- c. BioEnergetic Appointment
- d. Review Q&A



V. ENERGIZE – (2 days hands-on)

DAY 1

- a. Welcome and Review of Neutralization
- b. Generating Cellular Support
BREAK
- c. Healthy Eating
LUNCH
- d. To Stress or Not to Stress
BREAK
- e. Binary Thinking a.k.a. Paradigms

DAY 2

- a. Holistic Health Practitioner
BREAK
- b. Practitioner Solutions
LUNCH
- c. BioEnergetic Assessment/Balance Workshop
BREAK
- d. Graduation